Strong Families Make Strong Communities

MMA Annual Meeting January 19, 2018



June David-Fors, LICSW

Town of Northborough

Town of Northborough Demographics

- 2016 Population: 14, 895
- 2015 Labor Force: 7,920
 - Form of Government: Town Administrator
- Five-Member Board of Selectmen
- FY2017 Tax Rate per Thousand: \$17.39
- FY2017 Municipal Budget: \$60,658,656

Northborough Family & Youth Services



Serving the Town of Northborough Since 1976





Our Mission . . .

- To identify and respond to the Town's human service needs to enhance the quality of life for Northborough individuals, youth and families
- Our services are shaped by community need and developed through ongoing collaboration with the Youth Commission, town departments, schools and several other organizations



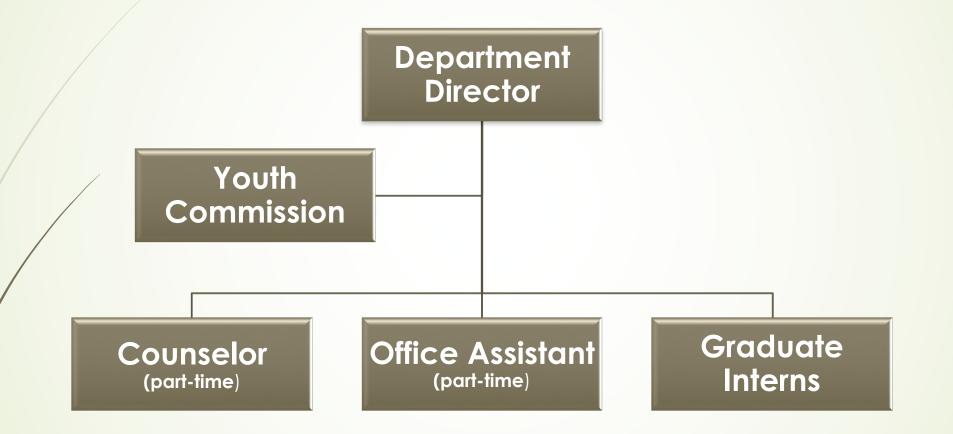
- Town's community-based human service agency
 - Centralized source for human service needs
- Serving over <u>920 residents</u> annually
 - Instrumental in creating new town resources:
 - Northborough Extended Day Programs (affordable child care)
 - Northborough Food Pantry (free food for residents)

Message from John Coderre, our Town Manager

"As a Town Administrator I appreciate having professional staff on hand to help manage crisis situations and provide appropriate follow-up and referral assistance to residents.

All too often people going through a difficult time either lack the capacity to advocate for themselves, or simply don't know where to begin. FYS can help them navigate the system to get the resources they need to start moving in a positive direction."

Organizational Chart . . .



Programs: Mental Health Services

- Child/Adolescent Therapy
 Individual/Family Therapy
- Grief Support Group
- Parent Consultation
- Crisis/Trauma Response
- Mental Health Assessments



Programs: Basic Health Needs

Case Management
Fuel Assistance Site

- Apply for SNAP/MassHealth
- Food Pantry Outreach
- Northborough Cares
- Northborough Task Force



Programs: Information & Referrals

- Extensive Referral Network
- 432 residents/1,004 referrals
- Medical clinics, mental health providers, legal aid, food, fuel
- Over 500 collateral contacts to advocate on behalf of clients

Partnership Programs . . . Page 1.

Northborough Extend Day Programs:

- After School Day Programs
- Shared Office Space & Personnel



Northborough Public Schools:

- Onsite Therapy to Students
- Family Success Partnership
- District Wellness Committee

Partnership Programs . . . Page 2. <u>Helping Hands Association:</u>

- Holiday Gifts
- Thanksgiving Meal
- Back Pack Program



- Emergency Financial Aid
- Medical Equipment Loan Program

Northborough Food Pantry

Partnership Programs . . . Page 3.

- Graduate Internship Site
- Special Benevolent Fund
- TEAMWORKS Scholarships
- Northborough Rotary Club
- Interfaith Clergy Association



Friends of Families in Transition

Regional & Town-Wide Partnership Initiatives

MetroWest Substance Abuse Prevention Coalition

Northborough Cares and the Town Task Force

Childhood Obesity: Building a Healthy Northborough

Here is the very good news for towns . . . It is an investment well worth your while . . .

FY2018 BUDGET – Family & Youth Services		
PERSONNEL:		139,162
Director	1.0 FTE	
Counselor	.48 FTE	
Office Assistant	.48 FTE	
Total Full Time Equivalent	1.96 FTE	139,162
EXPENSES:		+ 6,077
TOTAL DEPARTMENT BUDGET:		\$145,239

Contact Information . . .

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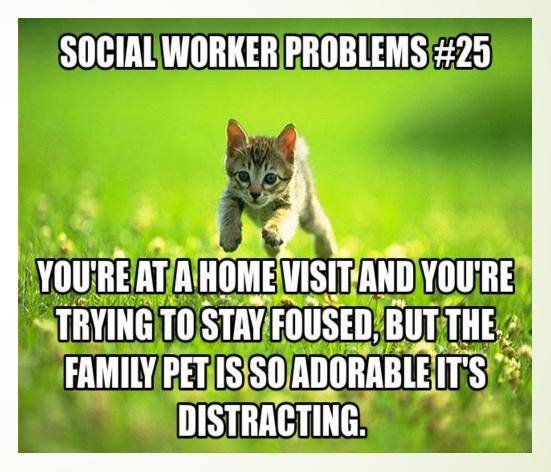
PHONE: (508) 393-5020

WEBSITE:

http://www.town.northborough.ma.us/Pages/NorthboroughMA_Family/index







Importance of Humor. . .



