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#### **Substance Abuse Prevention**



- Substance Abuse Prevention
  - Prevent what
    - Alcohol
    - Other drug abuse
    - Prescription drug abuse
    - Inhalants



#### **Substance Abuse Prevention**



- Applies to whom
  - Youth
  - Everyone
- Difficult issue to understand
  - Fire Prevention
  - Smoking











- Types of substance abuse prevention
  - Individual focused
  - Family focused
  - School focused
  - Community/population focused





- Population focused Policy Change
  - Most effective for the most people
  - Cost effective
  - Doable
- Policy change about limiting access





- Examples of Policy Change
  - Enforcement current laws/regulations
    - Compliance checks
    - Road blocks
    - Social host liability
    - Server training
    - Store hours and locations
    - Number of retail outlets density





- Policy change new laws/regulations
  - Price
  - Advertising
  - Banning drugs
  - # of retail outlets
  - Location of outlets
  - Hours that outlets are open
  - Requirement of drug education materials
  - Limitations on quantities of drugs purchased





- Policy change strategies for now
  - Alcohol/Drug education materials
    - Storage
    - Disposal
    - Local sites to dispose of drugs
    - Limitations on quantities purchased



## **Next Steps**



Make it easy to do the right thing.



#### **Understanding Addiction**



- Continued involvement with a substance despite the negative consequences associated with it.
- Pleasure, enjoyment or relief from actual or perceived ailments would have been originally sought.
- Over a period of time, involvement with the substance or activity is needed to feel normal.





# The End

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