

Art Pharmacy is a social prescribing company that connects people to arts and culture activities in their communities to support their health and well-being.

**Art Pharmacy partners with municipalities across the Commonwealth to provide access to social prescribing for community members in recovery or as a tool for prevention.**



## How Art Pharmacy Impacts Substances and Opioid Use Disorder (SUD/OD) Prevention and Recovery for Individuals and Communities

- 1. Expand Access to Non-Clinical Supports.** Art Pharmacy can serve as a low-barrier, non-stigmatizing entry point into care by prescribing arts and cultural engagement through trusted community organizations, addressing gaps where traditional treatment services are unavailable or underutilized.
- 2. Reduce Isolation and Foster Belonging.** Social connection is a critical component of sustained recovery. Arts engagement enhances community belonging, peer support, and identity reconstruction—protective factors that counter SUD and relapse risk.
- 3. Enhance Motivation and Treatment Engagement.** Creative activities such as music and visual arts have been shown to increase treatment readiness and motivation, improving adherence to OUD treatment plans (e.g., medication-assisted treatment, counseling).
- 4. Complement Pain Management and Reduce Medication Reliance.** Music and other arts-based interventions can help manage chronic or post-operative pain, reducing the need for opioids and supporting non-pharmacological pain relief strategies—especially relevant for individuals with or at risk for OUD.
- 5. Address Mental Health Comorbidities.** Depression, anxiety, and trauma often co-occur with OUD. Arts-based therapies are effective at alleviating psychological distress, offering emotional regulation and expression tools without stigma.
- 6. Leverage Community Resources and Reduce System Burden.** Art Pharmacy uses existing community-based organizations and networks as health infrastructure, extending care delivery into community settings during behavioral health workforce shortages.
- 7. Align with Public Health Access Goals.** Art Pharmacy aligns with national prevention strategies by integrating social determinants of health and promoting culturally tailored, person-centered recovery pathways—particularly for underserved populations.



## Partner with Art Pharmacy

1. Reach out to us at [artpharmacy.co/contact](https://artpharmacy.co/contact) or email us at [hello@artpharmacy.com](mailto:hello@artpharmacy.com)
2. You will hear from the Art Pharmacy team to schedule a time to connect